



Murray High School Positive Behavior Plan 2023

Murray High School has a comprehensive PBIS (Positive Behavioral Interventions and Supports) program, which is frequently reviewed and adjusted, based upon student need. PBIS is an evidence-based, three-tiered framework which integrates data, systems, and practices to affect and improve student outcomes. PBIS is intended to create schools where all students have the opportunity to succeed. Murray High School's Mission Statement asserts:

"MHS is dedicated to every student's academic and personal success: Every Student, Every Day, Every Opportunity."

Murray High School's PBIS program is based upon prevention science, in other words, the risk and protective factor model. Prevention science has determined that young people with multiple protective factors demonstrate fewer risk factors (such as substance abuse or low commitment to school). At Murray High School, we offer innumerable opportunities for students to increase their protective factors, and we offer targeted interventions to address youth risk factors. We measure student risk and protection using the SHARP Survey (Student Health and Risk Prevention), which we administer and evaluate every other year.

The following is a description of the supports and interventions that we have in place at Murray High School. Universal (Tier 1) programs are available to all students, Selected (Tier 2) programs support small groups of students, Indicated (Tier 3) programs are available to individual students referred by the Student Support Team:

Tier 1 (Universal)		
1	SPAR Program	<i>The basis of a strong PBIS system is a very simple set of behavioral expectations and appropriate rewards. Murray High School (Home of the Spartans) offers rewards for prosocial involvement, based upon our behavioral expectations, which follow the SPAR motto: Serve, Participate, Achieve and Respect. Rewards for following the SPAR motto include SPAR cards, which can be redeemed for treats/snacks. Students are instructed on the SPAR motto by the principal at class meetings at the beginning of each year and through Canvas and other messaging throughout the school year.</i>
2	Murray Medallion	<i>The Murray Medallion is a prestigious award for prosocial involvement and commitment to school, and it is available to all students. Students apply for the Murray Medallion toward the end of their Senior year, and it is awarded based upon points earned for participation in clubs or teams, by taking rigorous courses, by improving attendance or grades, by running for student government, etc. The Murray Medallion is worn proudly at graduation.</i>
3	Spartan Strong	<i>Spartan Strong is a school-wide incentive program, which offers rewards for achievement, attendance and improvement. Spartan Strong is governed by a committee of community members, students and faculty. Spartan Strong incentives include prizes given at the end of each term, lunches, MVP awards, and scholarships, all given through generous community donations.</i>

4	Keys to Success	<i>Keys to Success (KTS) is a non-profit community program, which Murray High School participates in. KTS rewards students for prosocial involvement, particularly when students explore college and career options. They also award scholarships through community donations.</i>
5	Trauma-Informed Educators	<i>Murray High School employs a faculty of highly qualified educators, who have been trained in trauma-informed practice. Additional faculty professional development is planned for September 30, 2022 where the effects and implications of Adverse Childhood Experiences will be reviewed.</i>
6	Character Strong and Spartan Vision	<i>Murray High School offers opportunities for involvement with prosocial peer and adult interactions through our advisory class, which is required for all students. Advisory teachers use the Character Strong curriculum, which has been shown to increase youth protection factors and decrease risk factors. Character Strong is delivered twice per month to all students. Students also watch Spartan Vision in Advisory. Spartan Vision is our student-produced news station, which shares engaging information about prosocial activities and school-wide prevention campaigns (See PLT). Spartan Vision coordinates the material with the Character Strong theme for each month.</i>
7	Spartan Flex	<i>In coordination with Advisory, Murray High School facilitates a school-wide, built-in intervention program for all students called Spartan Flex. Students may "flex" to any teacher on their schedule for additional assistance or tutoring four days a week. When Flex was implemented, school data showed that students received fewer failing grades.</i>
8	Comprehensive School Counseling Program	<i>Each Murray High School student has a comprehensive school counselor, who meets with them (and their guardian(s)) annually for college and career readiness (CCR) planning. Comprehensive school counselors host additional CCR activities throughout the year such as FAFSA and college application nights. They host evening drop-in hours and they assist students and families with school-based and community resources to address individual, family and community risk factors. Additionally, the comprehensive school counseling team evaluates school, SHARP survey, and Career and Technical Education data to identify student needs and to advocate for school-based services.</i>
9	Career Center	<i>Murray High School has a vibrant Career Center, whose crowning event is a school-wide Career Day, offered for all students, each year. Our comprehensive Career and Technical Education (CTE) program offers numerous opportunities for career exploration, including CTE classes, internships and college courses. They offer numerous rewards for prosocial involvement through Career and Technical Student Organizations (CTSOs), skill certificates, CTE student of the month awards and career field cords (worn at graduation). <u>State data</u> show that career field concentrators have a higher graduation rate than the state average.</i>
10	Differentiated Diploma	<i>Murray High School has three diploma options for students, in an effort to help all students achieve high school graduation. We offer an Honors Diploma, a High School Diploma and a Basic Diploma, which are all recognized by the Utah State Board of Education and are all celebrated at our graduation ceremony.</i>

11	Seal of Biliteracy	<i>Murray High School offers the Seal of Biliteracy to students who have achieved proficiency in two or more languages.</i>
12	Canvas Information Page and Parent Square	<i>Murray High School utilizes Canvas and has an MHS information "course," that contains information about resources and services, which are available to students to strengthen their commitment to school and/or their mental health. School leaders communicate with students through Canvas to share important information about school engagement activities. Similar or additional information is shared with guardians through ParentSquare.</i>
13	Peer Leadership Team Prevention Campaigns	<p><i>Murray High School has a strong Peer Leadership Team (PLT), which is advised by a licensed educator . PLT organizes student-driven, school-wide prevention campaigns that directly address student risk and protective factors and generally include posters, Spartan Vision public service announcements, and lunchtime activities. PLT's campaign topics include but are not limited to the following:</i></p> <ol style="list-style-type: none"> <i>1) "After Murray Campaign" (college and career exploration and readiness)</i> <i>2) Winter Charity (empathy and service)</i> <i>3) "Keep Murray Kind" (Including cyber-kindness and bullying prevention)</i> <i>4) Strengthening Mental Health (including suicide prevention)</i> <i>5) Healthy Relations and Friendship</i> <i>6) "What's Your Anti-Drug" (positive coping and drug/alcohol prevention, inspired by "<u>Natural High</u>", a research-based alcohol and drug prevention program)</i> <i>7) General Safety Tips (including internet safety, personal safety and safe driving)</i> <p><i><u>Evidence</u> suggests that comprehensive interventions combining media, school and family can have preventive effects on youth substance use.</i></p>
14	Safe UT	<i>SafeUT is a 24/7 state-sponsored chat line and school safety tip line that Murray High School participates in. Students are instructed on the use of SafeUT at grade-level meetings hosted by our principal and assistants at the beginning of each school year. During these meetings, school leadership also reviews principles of suicide prevention from <u>LEADS</u> (Linking Education and Awareness of Depression and Suicide). LEADS is an evidence-based suicide prevention education curriculum, which is delivered to all students in our Health II or Health Science classes.</i>
15	Fitness for Life	<i>Fitness for Life is a required course for all students and includes deliberate stress management education. In addition, all MHS physical education classes teach team building and problem solving.</i>
16	Math Lab (Before and After School)	<i>Math Lab is an additional opportunity for students to strengthen their commitment to school and to achieve academic and personal success. Math Labs are free, drop-in tutoring sessions (hosted by math teachers) that are available to all students before and after school.</i>

17	Clubs and CTSOs	<p><i>Murray High School offers a variety of opportunities for prosocial involvement through curricular and non-curricular clubs and Career and Technical Student Organizations (CTSOs). All clubs and CTSOs are advised by a faculty or staff member and are open to all students. Club applications are accepted by students and staff at the beginning of each school year. The 2022-2023 approved clubs and CTSOs are listed here.</i></p> <ul style="list-style-type: none"> ● <i>Art and Ceramics Club</i> ● <i>Asian American Pacific Islander Club (AAPI)</i> ● <i>Best Buddies</i> ● <i>Black Student Union</i> ● <i>Color Guard: Winter Guard</i> ● <i>Distributive Education Clubs of America (DECA)</i> ● <i>ESports</i> ● <i>Future Business Leaders of America (FBLA)</i> ● <i>Drama</i> ● <i>Educators Rising</i> ● <i>Family, Career and Community Leaders of America (FCCLA)</i> ● <i>French/German Alliance</i> ● <i>Queer/Straight Alliance (QSA)</i> ● <i>Happy Trails</i> ● <i>Health Occupation Students of America (HOSA)</i> ● <i>Interact</i> ● <i>Men's Volleyball</i> ● <i>Murray Association of Girls (MAG)</i> ● <i>Men of Sparta (MOS)</i> ● <i>Murray Climbing Club</i> ● <i>Murray Youth Community Council (MYCC)</i> ● <i>Music Production Club</i> ● <i>National Honor Society</i> ● <i>Pickleball Club</i> ● <i>Ping Pong Club</i> ● <i>Peer Leadership Team (PLT)</i> ● <i>Principal's Book Club</i> ● <i>Scrapbook Club</i> ● <i>She-Tech</i> ● <i>Ski and Snowboard Club</i> ● <i>Skills USA</i> ● <i>Social Dance Club</i> ● <i>SPARrow's Nest Tech Club</i> ● <i>Spartan Strong</i> ● <i>Speech & Debate</i> ● <i>Spikeball Club</i> ● <i>Science, Technology, Engineering and Mathematics Club (STEM)</i> ● <i>Tabletop Games Club</i> ● <i>The Club</i> ● <i>Ultimate Frisbee Club</i> ● <i>Yearbook</i>
18	Student Body Officer Activities	<p><i>Our Student Body Officers (SBOs) plan and host many engaging activities during the school year, both during school and in the evening. Examples of activities sponsored by the SBOs include: Hello Week, Spirit Week and the Spirit Bowl, Homecoming and other dances, and the winter charity drive. Our Student Body Officers advertise all high school events through daily intercom announcements and a social media page called "Spartan Nation." <u>Evidence</u> suggests that school involvement has preventive effects on youth substance use.</i></p>

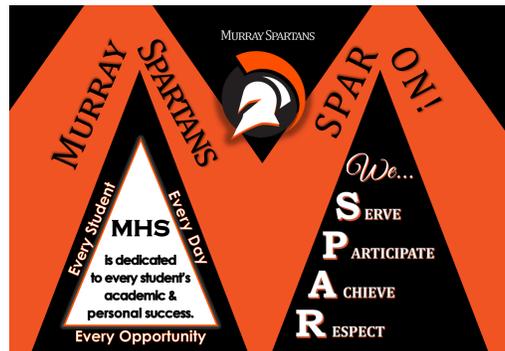
19	Athletic Opportunities	<p>Similarly, athletic opportunities offer youth interactions with prosocial peers and adults and rewards for prosocial involvement. School sports can increase family and community engagement, as well. Murray High School offers the following athletic teams:</p> <ul style="list-style-type: none"> ● Cross Country ● Football ● Golf ● Soccer ● Tennis ● Volleyball ● Basketball ● Drill ● Wrestling ● Swimming ● Baseball ● Golf ● Softball ● Track and Field ● Cheerleading ● Dance Company
20	Parent Teacher Student Association Activities	<p>Murray High School has an active Parent Teacher Student Association (PTSA). They host several events throughout the school year, most notably "Project Graduation," our all night "safe" graduation party, which is a deliberate underage drinking prevention program.</p>
21	School Security Mentors and School Resource Officer	<p>Murray High School has two security mentors and a full-time School Resource Officer (SRO) (in partnership with Murray City Police). Evidence suggests that students are more likely to feel safe in school when there are visible safety measures. Feeling safe in school is correlated with school engagement. Murray High measures students' feelings of safety at school through the SHARP survey.</p>
22	Citizenship Program and Citizenship Specialist	<p>Murray High School has a structured citizenship program, which is based upon our SPAR motto: Serve, Participate, Achieve and Respect. Satisfactory citizenship is required for graduating students to be able to participate in the school's graduation ceremony. We offer several ways for students to remediate unsatisfactory citizenship, which are restorative in nature. These include working with a teacher or completing online citizenship modules, which are based upon prevention articles from kidshealth.org ("For Teens" section). Articles on kidshealth.org are reviewed by a physician. It is important to note that none of the "Sexual Health" topics from kidshealth.org are included in our online citizenship modules. Murray High School has a citizenship specialist to guide students through achieving satisfactory citizenship.</p>
23	Free Breakfast/Lunch and KidsEat	<p>Murray School District currently provides free and reduced breakfast and lunch to students who qualify. Additionally, we partner with KidsEatFree who provides monthly bags of "on-the-go" foods for all teachers to make available to students who are hungry. KidsEatFree and the Murray Food Bank also provide "weekend food bags," which are advertised and made available to any student who needs one.</p>
24	Spartan Closet	<p>The Spartan Closet provides clothing, shoes, coats, toiletries, and school supplies to Murray HS students. It is maintained by a thoughtful group of community volunteers. <u>Evidence</u> suggests efforts to educate "the whole child" have positive effects on children.</p>

25	Health Education II or Health Science	<i>Health Education II is a required course for all students (or the year-long Health Science option), and it includes social and emotional learning, according to the State Core. Health Education II topics include, but are not limited to: the risk and protective factor model of prevention, substance abuse prevention, bullying prevention and mental and emotional health. The <u>Botvin Life Skills Training</u> program is used in Health Education II, supplemented with <u>LEADS</u> (Linking Education and Awareness of Depression and Suicide). Each of these programs has evidence of increasing youth protection and decreasing youth risk.</i>
26	Community Opportunities	<p><i>Murray High School is the only high school in a small, urban city, and it boasts incredible community involvement. Many community organizations support our students and offer opportunities for prosocial engagement at the community level. Some of these programs are:</i></p> <ul style="list-style-type: none"> ● <i>Murray Youth City Council</i> ● <i>Murray Youth Chamber of Commerce</i> ● <i>Excel Club (A youth service program, under the guidance of the Murray Exchange Club)</i> ● <i>Murray City Police Cadet Program</i> ● <i>Murray Fire Department Cadet Program</i> ● <i>Miss Murray Competition</i> ● <i>Murray City Parks and Recreation</i> ● <i>Murray Boys and Girls Club (The Miller Family Club)</i> <p><i>MHS students have additional opportunities for prosocial involvement and academic enrichment through the Murray City Library, which is located directly across the street from our school, and all students have access to the free, online live tutoring and writing lab through Salt Lake County Brainfuse.</i></p>
27	211	<i><u>211</u> is a human resources helpline and website, which is supported by United Way of Utah. 211 can give students and families (and faculty members) information on health and human resources that can build youth protection or address youth risk factors.</i>
Tier 2 (Selected)		
28	School Social Worker	<i>Murray High School has a full-time licensed clinical social worker, who is accessible to all students for crisis counseling or responsive services. In coordination with the comprehensive guidance team, the school social worker connects students and families to school-based and community resources to strengthen their protective factors and decrease risk. <u>Evidence</u> suggests that when youth are provided appropriate treatment for trauma and mental health challenges, they are less likely to experience mental health disorders and substance abuse.</i>
29	Graduation Specialist and Credit Recovery Opportunities	<i>Murray High School has a graduation specialist, who works in conjunction with the comprehensive school counseling guidance team to guide and support students through remediation. We have a variety of credit recovery options to make credit recovery accessible to all students. Our credit recovery options include: BYU Independent Study, on-campus Northridge Learning Center, Utah Students Connect, and in-person Summer School. Also, the first two weeks of each term, an in-person credit recapture program allows students to work with their teachers to recover credit missed from the previous term for Math, English, Biology and Social Studies.</i>

30	Digital Learning Lab	<i>Murray High School offers a Digital Learning Lab for students who need the flexibility of learning at their own pace. The Digital Learning Lab is facilitated by a licensed educator with the support of a bilingual (Spanish) paraprofessional. They utilize the BYU Independent Study curriculum with the <u>Check and Connect Student Engagement and Intervention</u> model, which has been shown to increase youth protection and decrease risk factors.</i>
31	School Success	<i>School Success is a support class for students who are showing early signs of school disengagement. Students may take Success for up to three years. The Success teacher facilitates team-building activities to increase prosocial interaction, and checks in with students, according to the Check and Connect model. <u>Evidence</u> suggests that, "Human relationships are the essential ingredient that catalyzes healthy development and learning" (Darling-Hammond & Cook-Harvey, 2018).</i>
32	Math Lab Classes	<i>Murray High School offers a Math Lab course which is built into students' schedules as an elective course, where students receive additional math support from a math teacher. Math tutoring is also offered before and after school for additional math help. All MHS support classes are intended to build youth protection by increasing students' commitment to school and by helping youth achieve high school graduation and college and career readiness.</i>
33	Study Hall	<i>Study Hall is an additional elective class, designed to support students who need time to complete school work during the school day. This service allows students to participate in pro-social activities, such as athletics, or to accomplish family or personal obligations after school. We currently have four study hall classes, which are facilitated by teachers who use the <u>Check and Connect Student Engagement and Intervention</u> model.</i>
34	Yoga Class	<i>Murray High School, at the request of students, offers a Yoga course, which includes mindfulness practice. <u>Evidence</u> suggests that teaching yoga in schools adds to youth protection in many ways.</i>
35	Parent Release	<i>Parent release is an accommodation for students who have special behavioral or physical health needs. It is also (from the perspective of students) a reward for students who have completed all of the classes they need to be on-track for graduation.</i>
Tier 3 (Indicated)		
36	Special Education	<i>Murray High School has a comprehensive Special Education (SPED) program, which includes (but is not limited to): identification, specialized instruction, co-taught classes, Study Strategies, a Speech Language Pathologist, peer tutoring, and unified sports teams. We have licensed SPED educators and multiple paraprofessionals. We also have access to district behavioral technicians.</i>
37	Educational Psychologist (SPED)	<i>Murray High School has a part-time educational psychologist. They work with students who need regular school counseling (as part of their Individualized Education Plan (IEP)), and they are available for responsive services for students with IEPs. They address student risk and give students and families resources and skills to build youth protection. <u>Evidence</u> suggests that when youth are provided appropriate treatment for trauma and mental health challenges, they are less likely to experience mental health disorders and substance abuse.</i>

38	English Language Learner Program	<i>Murray High School has an English Language Learner (ELL) program with ELL Study Hall classes, an ELL Reading class, and additional ELL tracking. Students' progress is measured in English language development using the <u>WIDA</u> model. Additional support for ELL students are provided with an additional math paraprofessional and two Spanish-Speaking tutors .</i>
39	School-based Therapist	<i>In partnership with Project Connections, Murray High School provides office space for a licensed therapist to meet with students at Murray High School during the school day. Additionally, Murray City School District has allocated grant funding for students whose families are not able to fund this service through private or government-sponsored insurance. <u>Evidence</u> suggests that when youth are provided appropriate treatment for trauma and mental health challenges, they are less likely to experience mental health disorders and substance abuse.</i>
40	Youth-in-Care Group Home Classroom	<i>Murray City has a boys group home for Youth-in-Care (YIC), and Murray High School provides a supportive classroom for these students, when it is appropriate. The class is directed by a Social Service Worker (SSW) with the support of a YIC mentor.</i>
41	Youth-in-Care Mentor	<i>An additional Youth-in-Care Mentor serves students who are in the custody of the State, but who do not live in the group home. They support a caseload of students throughout our district and use the <u>Check and Connect Student Engagement and Intervention model</u>, which has been shown to increase youth protection and decrease risk.</i>
42	Student Engagement Specialist	<i>Murray High School has a Student Engagement Specialist, also called an Attendance Mentor, who works with students who are showing signs of school disengagement. Attendance data informs referrals to the attendance mentor, who then works with students and families to identify barriers to school attendance and to rebuild family commitment to school. Supportive truancy hearings are held at the district level, when they are needed.</i>
43	American Indian Mentor	<i>Murray High School shares an American Indian Mentor with the school district. She communicates with families and offers American Indian event information to students, furthering their prosocial involvement in the community domain.</i>
44	Additional Spanish-Speaking Tutors	<i>Murray High School has two additional, part-time bilingual (Spanish) tutors, who work with students directly to help them experience success in their classes. It is important to note that they are former Murray High School graduates and current college students. Schools are places which offer positive relationships to youth and this can mitigate the effects of adverse childhood experiences.</i>
45	Propio Language Services	<i>Murray High School has access to Propio, an app available to call translators on demand. The app is available for all MHS employees to use to work with families and students when translation is needed. In addition, we utilize Parent Square (which translates into any language supported by Google) for parent communication, in order to increase parent/guardian involvement in the school.</i>

46	Homeless Resources	<p><i>Murray High School offers additional services to support students who are in homeless situations. This includes fee waivers and free breakfast/lunch, as well as transportation assistance, when it is necessary. We are also part of the Deseret Industries' community assistance program, and we are authorized to give vouchers to families for any item offered at the DI, new or thrift.</i></p>
47	Community Programs	<p><i>We encourage families to reach out to community services in our area for additional intervention and support. We most commonly refer to:</i></p> <ul style="list-style-type: none"> ● <i>Youth Services Safe Place, Counseling, MeTime, Strengthening Families, and Substance Abuse Program</i> ● <i>Huntsman Mental Health Institute (HMHI) Mobile Crisis Outreach Team (Formerly UNI)</i> ● <i>Impact Mental Health (Formerly Polizzi)</i> ● <i>Workforce Services Youth Workforce Innovation and Opportunity Act (WIOA)</i> ● <i>Granite Peaks Adult Education</i>
48	In-School Suspension Program	<p><i>MHS will be implementing an in-school suspension program for the 2023-24 school year. This program will serve students with mild and moderate behavior infractions. It will be staffed by a licensed educator and will have learning objectives, curriculum, and credit recovery opportunities for students. This program aims to keep students on campus and working toward academic and behavioral success as part of a consequence to an infraction.</i></p>



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