

# MURRAY HIGH SCHOOL



## SPARTAN SPORTS

SPRING SPORTS EDITION 2023 - 2024

PURCHASE MHS EVENT TICKETS ONLINE: [HTTPS://GOFAN.CO/APP/SCHOOL/UT7207](https://gofan.co/app/school/UT7207)

### ATHLETIC DIRECTOR'S MESSAGE

Brady Smith  
BDSmith@murrayschools.org

Dear Parents, Athletes, and Fans,

As we near the end of our winter sports season, I am thrilled to have witnessed the dedication and passion that each athlete has brought to their respective teams. Our student-athletes have been working hard in their training, and they have showcased not only their athletic prowess but also their sportsmanship on and off the field. Your unwavering support is invaluable, and I encourage you to continue to cheer loudly, not just for the victories, but for the resilience and teamwork displayed by our athletes. We wish all teams the best of luck in their state tournaments and I hope everyone is excited and ready for our Spring Sports to begin. Thank you for being an essential part of our sports community.

### SPRING SPORTS COACHES

Sport	Coach	Contact
BASEBALL	MARCE WILSON	MWILSON@MURRAYSCHOOLS.ORG
CHEER	KARI POOLE	KPOOLE1@MURRAYSCHOOLS.ORG
DRILL	BROOKLYN BOWEN	BBOWEN@MURRAYSCHOOLS.ORG
GOLF, GIRLS	ANDY HOKANSON	AHOKANSON@MURRAYSCHOOLS.ORG
SOCCER, BOYS	BRYAN DEMANN	BRYANDEMANN@GMAIL.COM
SOFTBALL	ROB WINTERHALDER	ROBW44@HOTMAIL.COM
TENNIS, BOYS	ANDREA PERSCHON	APERSCHON@MURRAYSCHOOLS.ORG
TRACK & FIELD	JENNA BREE TOLLESTRUP	JTOLLESTRUP@MURRAYSCHOOLS.ORG
VOLLEYBALL, BOYS	RYAN CHAPMAN	RCHAPMAN@MURRAYSCHOOLS.ORG

# MHS Spring Sports TRYOUTS

for students in grades 9, 10, 11, 12

## TO PARTICIPATE IN TRYOUTS YOU MUST...

- Have a Register My Athlete (aktivate) account and complete the registration for the sport you are trying out for on this link: <https://registermyathlete.com/login/>
- Complete all forms on Register My Athlete as well as receive a physical exam. Print out the exam form on Register My Athlete and take it to your doctor or an Instacare. You must upload all 4 pages of the completed exam form (Form A) to Register My Athlete. Make sure you register for the 2023-2024 school year.
- From Aspire, print your term 2 grades/report card. Bring it to tryouts and give to the coach.
- Have a 2.0 GPA the term preceding the season and no more than one F in the term.

## CONVENIENT LOCATIONS FOR SPORTS PHYSICALS...

### After Hours Medical Company

3934 S 2300 E  
Holladay UT 84124  
801-509-9425



Walk-in sports physical \$25

### CareNow Urgent Care

5911 S Fashion Blvd  
Murray UT 84107  
801-266-6483

Walk-in sports physical \$45

## Important Dates and Information

Sport	QR for BAND App	Open Gym/ Training	Information Meeting	Tryouts or First Practice
<a href="#">Baseball</a> (click on sport name for link to fees/spend plan)		Check for updated weekly schedule on BAND app OR <a href="http://Murraybaseball.org">Murraybaseball.org</a>	Thursday, February 29, 2024 6:00pm Hillcrest Jr. - Library	Monday, Feb. 26, 2024 3:00pm at Ken Price Field (inclement weather location: Hillcrest Jr. High - Gym)
<a href="#">Cheer</a> (click on sport name for link to fees/spend plan)		March 4, 8, 15, 19, 21 3:15pm - 4:15pm MHS Main Gym	Thursday, Feb. 29, 2024 6:00pm MHS Choir Room	March 25 - 27, 2024 3:00pm - 6:00pm Main/Aux Gym

continued on next page →

# Important Dates and Information cont...

Sport	QR for BAND App	Open Gym/ Training	Information Meeting	Tryouts or First Practice
<p><b><u>Drill</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Drill Prep Classes 6:00pm - 8:00pm Tues, March 12, 2024 @ Main Gym Thurs, March 14, 2024 @ Aux Gym Tues, March 19, 2024 @ Main Gym Thurs, March 21, 2024 @ Aux Gym</p>	<p>Monday, March 11, 2024 6:00pm Spartan Cove</p>	<p>Mon, Tues, Wed. March 25-27, 2024 6:00pm - 9:00pm MHS Main Gym</p>
<p><b><u>Golf, Girls</u></b> (click on sport name for link to fees/spend plan)</p>		<p>None Offered</p>	<p>Email Coach Hokanson with any questions. Ahokanson@murrayschools.org</p>	<p>Mon. Feb. 26 Rm 217 @ 3:00pm Tues. Feb. 27 &amp; Wed. Feb. 28 3:00pm @ Murray Parkway GC</p>
<p><b><u>Soccer, Boys</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Weather permitting Mondays &amp; Wednesdays thru Feb. 22, 2024 3:00pm - 4:00pm MHS Football Field (wear cleats &amp; shin guards)</p>	<p>Wednesday, February 28, 2024 7:00pm MHS Choir Room (room 109)</p>	<p>Monday and Tuesday, Feb. 26 &amp; 27, 2024 3:00pm - 5:30m at MHS Football Field (bring/wear shin guards)</p>
<p><b><u>Softball</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Mon. &amp; Thurs. thru Feb. 26, 2024 7:30pm - 9:30pm MHS Aux Gym</p>	<p>Tuesday, February 27, 2024 6:00pm MHS Aux Gym</p>	<p>Monday and Tuesday, February 26 &amp; 27, 2024 3:00pm - 5:00pm Softball field @ Riverview JH</p>
<p><b><u>Tennis, Boys</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Feb. 12 - 23, 2024 for 2 hrs. after school MHS Tennis Courts (weather permitting, no coaching/instruction)</p>	<p>Mon, Feb. 12, 2024 5:00pm MHS Spartan Cove</p>	<p>Monday, Tuesday, Wednesday Feb. 26 - 28, 2024 Tryouts for team positions MHS Courts for 2 hours immediately after school</p>
<p><b><u>Track &amp; Field</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Jan. 29, 31 &amp; Feb. 5, 7 3:00pm - 4:00pm MHS Track</p>	<p>Fri, Jan. 26, 2024 6:00pm @ MHS Fri, Feb. 2, 2024 3:00pm @ Riverview</p>	<p>Registration &amp; paperwork due on or before Friday, Feb. 2, 2024 Practice begins on 3:00pm Mon, Feb. 26, 2024</p>
<p><b><u>Volleyball, Boys</u></b> (click on sport name for link to fees/spend plan)</p>		<p>Check Boys Volleyball Band App for days, times, &amp; locations</p>	<p>Thurs, Feb. 29, 2024 MHS Main Gym Practice 3:30pm Parent Meet 6:00pm</p>	<p>Mon - Wed, Feb. 26 - 28 6:30pm - 8:30pm MHS Main Gym Fri, March 1, 2024 Black &amp; Orange Scrimmage 5:00pm</p>

Some of our fantastic student athletes who have been recognized as leaders on their team & in the classroom by their coaches & UHSAA.

# Winter Spartan Strong Athletes

Quinton Christman - Basketball, Boys  
 Alexa Davies - Basketball, Girls  
 Joshua Davis, Basketball, Unified  
 Natalie Tineo-Valdez - Cheer  
 Rhyann Harman - Drill

Rowan Morris - Swim, Boys  
 Maren Walton - Swim, Girls  
 Thanasi Johnson - Wrestling, Boys  
 Cheyenne Ruiz - Wrestling, Girls

## Academic All State Recipients

*Baylee Singleton - Drill*

*Natalynn Davies - Swim, Girls*

*Estrella Underwood - Swim, Girls*

## Athletes of the Month

### November

*Alexa Depew - Drill*

*Natalie Tineo-Valdez - Cheer*

### December

*Thanasi Johnson - Wrestling, Boys*

*Cheyenne Ruiz - Wrestling, Girls*

### January

*Deacon Poole - Basketball, Boys*

*Mia AuClaire - Basketball, Girls*

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