

WINTER SPORTS

EDITION 2024 - 2025

Purchase MHS Tickets Online: <https://gofan.co/app/school/UT7207>.

ATHLETIC DIRECTOR'S MESSAGE



ATHLETIC DIRECTOR

BRADY SMITH

EMAIL:

BDSMITH@MURRAYSCHOOLS.ORG

Dear Spartan Community,

As we enter the winter sports season, excitement is in the air! Our athletes have been working hard to prepare, and they are ready to represent Murray with pride and determination. From basketball and wrestling to swimming, drill and cheer, this season promises thrilling moments and inspiring displays of talent, teamwork, and sportsmanship. We can't wait to see our players give it their all and showcase the skills they've been honing during the off-season.

To our fans, parents, and community, your support is essential to the success of our teams. Let's pack the stands, raise our voices, and create a positive atmosphere that drives our athletes to reach new heights. Your energy and enthusiasm are the backbone of our school spirit, and together, we will make this winter season one to remember. Get ready for an unforgettable few months of competition and pride for Murray High School!

Go Spartans!
Brady Smith
Athletic Director

Winter Sport Coaches



**Girls Basketball
Coach: Holly Gillette**

Email:

hgillette@murrayschools.org



**Boys Basketball
Coach: Issachar Beh**

Email:

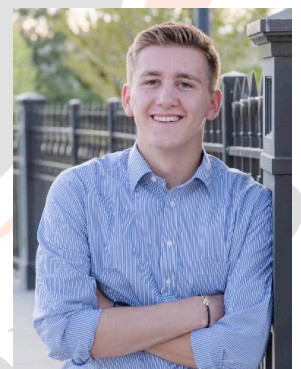
ibeh@murrayschools.org



**Wrestling
Coach: Theros Johnson**

Email:

tmjohnson@murrayschools.org



**Swim
Coach: Kyle Snowder**

Email:

ksnowder@murrayschools.org

MHS WINTER SPORTS TRYOUTS

For students in grade 9, 10, 11, 12

To participate in tryouts you must...

1. Have a Register My Athlete (activate) account and complete the registration for the sport you are trying out for on this link: <https://www.registermyathlete.com/login/>
2. Complete all forms on Register My Athlete as well as receive a physical exam. Print out the exam form on Register My Athlete and take it to your doctor or an Instacare. You must upload all 4 pages of the completed exam form (Form A) to Register My Athlete. Make sure you register for the 2024-2025 school year
3. From Aspire, print your term 1 grades/report card. Bring it to tryouts and give to the coach.
4. Have a 2.0 GPA the Term preceding the season and no more than one F in the term.

CONVENIENT LOCATIONS FOR SPORTS PHYSICALS


After Hours Medical Company

Address: 3934 S 2300 E
Holladay UT 84124
Walk- in sports physical
Cost: \$25

CareNow Urgent Care

Address: 5911 S Fashion
Blvd
Murray UT 84107
Walk- in sports physical
Cost: \$45

Important Dates and Information

SPORT	QR FOR BAND APP	OPEN GYM/ TRAINING	INFO MEETING	TRYOUTS OR FIRST PRACTICE
<p><u>Basketball, Boys</u> (Click on sport name for link to fees/spend plan)</p>		<p>Mon. Oct. 28 Wed. Oct. 30 Mon. Nov. 4 Wed. Nov. 6 Time: 6:30pm-8:00pm MHS Main Gym</p>	<p>Wednesday, Nov. 6, 2024 8:15pm-8:45pm MHS Aux Gym</p>	<p>Sub Varsity Tryouts Nov. Mon. 11 & Fri. 15 3:45pm-5:45pm Nov. Tues. 12 & Thurs. 14 5:15pm-7:15pm Nov. Wed. 13 3:15-5:15pm Varsity Tryouts Nov. Mon. 11 & Fri. 15 1:30pm-3:30pm Nov. Tues. 12 & Thurs. 14 3:00pm-5:00pm Nov. Wed. 13 1:00pm-3:00pm</p>
<p><u>Basketball, Girls</u> (Click on sport name for link to fees/spend plan)</p>		<p>Mon., Oct. 7 Thurs., Oct. 17 Mon., Oct. 23 Mon., Oct. 28 Wed., Oct. 30 Mon., Nov. 4 Wed., Nov. 6 Time: 6:15pm-7:15pm MHS Main Gym</p>	<p>Monday, October 28, 2024 7:15 pm MHS Aux Gym</p>	<p>November 11-12 MHS Aux Gym Current 11/12 Grades 3:00pm-5:00pm Current 9/10 Grades 4:00pm-6:00pm</p>
<p><u>Boys Swim, Girls Swim</u> (Click on sport name for link to fees/spend plan)</p>		<p>Please contact Coach Snowder at ksnowder@murrayschools.org for questions regarding swim</p>		
<p><u>Wrestling Boys & Girls</u> (Click on sport name for link to fees/spend plan)</p>		<p>Mon. & Wed. 4:30pm-6:00pm MHS wrestling room</p>	<p>Tuesday, October 22, 2024 6:30pm</p>	<p><u>First Day Of Practice</u> Monday, November 11 3:30pm MHS wrestling room</p>

SOME OF OUR FANTASTIC STUDENT ATHLETES WHO HAVE BEEN RECOGNIZED AS LEADERS ON THEIR TEAM AND IN THE CLASSROOM BY THEIR COACHES AND UHSSA

FALL SPARTAN STRONG ATHLETES

Addy Simmons - Girls Soccer

Greely Howe - Unified Soccer

Alicia Hansen - Girls Cross Country

Toa Alofipo - Girls Volleyball

Bracken Overby - Boys Golf

Parker Nelson - Boys Cross Country

Josh Zullo - Football

Sara Marchant - Girls Tennis

ACADEMIC ALL STATE RECIPIENTS

Spencer Bushman - Football

Sara Marchant - Girls Tennis

Alina Zimmerman - Girls Tennis

Spencer Jarvi - Boys Cross Country

Grace McRae - Girls Tennis

